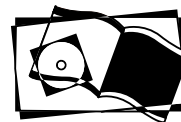


Asset-Building Resources

for Parents and Guardians

As a parent or guardian, you can and should be the most influential asset builder in your child's life. It doesn't matter if your child is an infant or a teenager, it's never too late to start building the foundation he or she needs to succeed. The resources below can help you better understand the power of the assets and give you practical parenting tips and ideas.

- ♥ *Ask Me Where I'm Going & Other Revealing Messages from Today's Teens*—This intimate little book will touch your heart as you read poignant and practical real words from teens describing what they really want from their parents and other caring adults in their lives. “*Let me share my worries with you . . . Never give up on me . . . Encourage me more, criticize me less.*” This will give you some simple ideas on how to better relate to your teen.
- ♥ *Connect 5: Finding the Caring Adults You May Not Realize Your Teen Needs*—This book provides hope, encouragement, and practical advice for parents to reach out and help their teens connect with other responsible and supportive adults, a critical factor in their healthy development.
- ♥ *Conversations on the Go*—Looking for a fun way to start conversations with a young person? *Conversations on the Go* is bound to get you talking. The book is filled with intriguing questions, guaranteed to stretch the imagination and bring out each other's personality and true self.
- ♥ *Parenting at the Speed of Teens: Positive Tips on Everyday Issues*—This practical, easy-to-use guide offers positive, commonsense strategies for dealing with both the everyday issues of parenting teenagers (junk food, the Internet, stress, friends), as well as the more serious issues teens may encounter (depression, divorce, racism, substance abuse). Parents will find reassurance in the asset-building parenting perspective and advice.
- ♥ *Parenting Preschoolers with a Purpose: Caring for Your Kids and Yourself*—An easy-to-read book full of tips and strategies for dealing with the myriad challenges that go along with parenting children ages 3 to 5. It also includes lots of great ideas for making sure you continue to take care of yourself along the way.
- ♥ *Parenting with a Purpose*—A booklet that encourages parents to view parenting through the asset framework, highlighting how a focus on assets can reshape major parenting tasks.



- ♥ *Playful Reading: Positive, Fun Ways to Build the Bond between Preschoolers, Books, and You*—This book takes readers on a joyful romp through 40 asset-rich preschool-level books, linking early literacy skills and asset building. Emphasizing reading for pleasure, it includes suggestion for fun activities and discussions. The ideas in this book are based on research on how to raise children who love to read.
- ♥ *What Kids Need to Succeed*—Learn about the 40 Developmental Assets with this book that includes more than 900 practical and specific ways to build assets, including specific ideas for families.
- ♥ *What Young Children Need to Succeed: Working Together to Build Assets from Birth to Age 11*—This book translates the 40 Developmental Assets into a wealth of child-appropriate information, stories, and practical, creative ideas for building all 40 assets for and with children from birth to age 11.

*All of the above resources and more are available from Search Institute:
www.search-institute.org, 877-240-7251.*