

# Bexley Youth Wrestling Team



Bexley students grades K-6 are encouraged to enroll in the Bexley Youth Wrestling program.

Session 1 will introduce the sport to first-year wrestlers, and hone the skills of the children who have been with the program in the past. Session 2 will build on skill development, and provide optional competitive opportunities through the Russ Hellickson Central Ohio Youth Wrestling League. First-year wrestlers are encouraged to start in Session 1, rather than beginning in Session 2.

Coach Alexander (Zander) Garcia is leading the Bexley youth wrestling program into its eighth year. Mr. Garcia was a high school state champion and successful college wrestler at the Naval Academy. The youth team collaborates closely with the Bexley Middle and High School teams, building the foundation for a program on the rise.

Registration is through Bexley Recreation website ([www.bexley.org/recreation](http://www.bexley.org/recreation)). Phone (614) 559-4300.

You can also contact Mr. Garcia directly for any specific questions about the program at: (614) 448-8140. Program dates and times noted below. Please see the Bexley Recreation website for further details.

All practices are held at the Bexley HS wrestling room on Tuesdays and Thursdays from 6:30-7:45 pm. Cost is \$80/session, or \$150 for both sessions.

## **Session I**

Nov. 5 – Dec. 17. 12 practices + optional competitive opportunities.

## **Session II**

Jan. 2 – Feb. 11. 12 practices + Central Ohio Wrestling League Tournaments – 5 Sundays starting Jan 5, 2020 (voluntary participation)