

Secondary -Middle and High School- NOVEMBER & DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
SIDES	DAILY ENTREE CHOICES			
FRESH FRUIT	CHICKEN TENDERS	FRUIT & YOGURT PARFAIT	UNIVERSAL FREE BREAKFAST	
SMALL SALA BAR	CHEESE PIZZA	COLD SUBS	SERVED DAILY	
VEGETARIAN SOUP	HUMMUS CUP	COLD WRAPS		
FRUIT CUPS	LARGE SALAD+PROTEIN			
		Lunch: \$3.95		
10/23	10/24	10/25	10/26	10/27
No classes	Chicken Patty Sandwich	Individual Cheese Pizza	Spicy Chicken Tenders	Barbacoa Bowl -Cilantro Rice
	Chicken Cheese Quesadilla	General Tso's Chicken	Sausage (Chicken) Patty	Vegetarian Pasta Bake
	Corn	Rice	Waffle	Bread Stick
	Fruit Cup	Orange Smiles	Orange Juice Cup	Side Kick
	Refried Black Beans	Broccoli	Potato Smiles	Cooked Carrots
10/30	10/31	11/1	11/2	11/3
Spicy Grilled Cheese	Chicken Pot Pie	Crispitos/Salsa	Pepperoni Calzone	Thai Chicken Lettuce Wrap
Crispy Pickle Chicken Sammy	Pizza Cruncher	Teriyaki Chicken on Rice	Walking Beef Doritos	Cheese Lasagna w/ Marinara
Bun	Romaine Salad Italian Dress	Fortune Cookie	Refried Beans-salsa	Garlic Bread
Applesauce	Pear Cup	Orange Smiles	Sliced Apples	Side Kick
Roasted Potatoes	Carrots	Broccoli	Corn	Roasted Cauliflower
11/6	11/7	11/8	11/9	11/10
Chicken Fajita Bowl-Arroz	No classes	Buffalo Chicken Sub	Spicy Chicken Tenders	TN Hot Chicken
Cheese or Veggie Burger		Tangerine Chicken	Sausage (Chicken) Patty	Mac and Cheese
Bun		Rice	Waffle	Bread Stick
Applesauce		Orange Smiles	Orange Juice Cup	Side Kick
Baked Beans		Broccoli	Hashbrown	Green Beans
11/13	11/14	11/15	11/16	11/17
Grilled Chicken Sandwich	Meatloaf	Ham Calzone	Hot Melty Turkey Sub	BBQ Chicken Sammy
Pepperoni Ripper	Popcorn Chic Mini Bisc	Sweet & Sour Chicken	Walking Chicken Tostitos	Grilled Cheese
	Corn	Rice	Salsa	Tomato Soup
Applesauce	Pear Cup	Orange Smiles	Sliced Apples	Side Kick
Roasted Garbanzo Beans	Mashed Potatoes	Broccoli	Cooked Carrots	Green Beans
11/20	11/21	11/22	11/23	11/24
Buffalo Chicken Pizza	Chicken Patty Sandwich			
Bosco Sticks	Chicken Cheese Quesadilla		No Classes	
Marinara Cup	Corn			
Applesauce	Fruit Cup			
Peas	Refried Black Beans			
11/27	11/28	11/29	11/30	12/1
Spicy Grilled Cheese	Chicken Pot Pie	Crispitos/Salsa	Pepperoni Calzone	Thai Chicken Lettuce Wrap
Crispy Pickle Chicken Sammy	Pizza Cruncher	Teriyaki Chicken on Rice	Walking Beef Doritos	Cheese Lasagna w/ Marinara
Bun	Romaine Salad Italian Dress	Fortune Cookie	Refried Beans-salsa	Garlic Bread
Applesauce	Pear Cup	Orange Smiles	Sliced Apples	Side Kick
Roasted Potatoes	Carrots	Broccoli	Corn	Roasted Cauliflower
12/4	12/5	12/6	12/7	12/8
Chicken Fajita Bowl-Arroz	Thai Chicken Curry	Buffalo Chicken Sub	Spicy Chicken Tenders	TN Hot Chicken
Cheese or Veggie Burger	Meatball Sub	Tangerine Chicken	Sausage (Chicken) Patty	Mac and Cheese
Bun	Bun	Rice	Waffle	Bread Stick
Applesauce	Fruit Cup	Orange Smiles	Orange Juice Cup	Side Kick
Baked Beans	Cooked Carrots	Broccoli	Hashbrown	Green Beans
12/11	12/12	12/13	12/14	12/15
Grilled Chicken Sandwich	Meatloaf	Ham Calzone	Hot Melty Turkey Sub	BBQ Chicken Sammy
Pepperoni Ripper	Popcorn Chic Mini Bisc	Sweet & Sour Chicken	Walking Chicken Tostitos	Grilled Cheese
	Corn	Rice	Salsa	Tomato Soup
Applesauce	Pear Cup	Orange Smiles	Sliced Apples	Side Kick
Roasted Garbanzo Beans	Mashed Potatoes	Broccoli	Cooked Carrots	Green Beans
12/18	12/19	12/20	12/21	12/22
Buffalo Chicken Pizza	Chicken Patty Sandwich	Individual Cheese Pizza	Spicy Chicken Tenders	Barbacoa Bowl -Cilantro Rice
Bosco Sticks	Chicken Cheese Quesadilla	General Tso's Chicken	Sausage (Chicken) Patty	Vegetarian Pasta Bake
Marinara Cup	Corn	Rice	Waffle	Bread Stick
Applesauce	Fruit Cup	Orange Smiles	Orange Juice Cup	Side Kick
Peas	Refried Black Beans	Broccoli	Potato Smiles	Cooked Carrots

Menu subject to change without notice.

This institution is an equal opportunity provider.