

Second Step Recommended Books for Parents: Preschool/Kindergarten

Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years by L. Davis and J. Keyser.

The Difficult Child by S. Turecki and L. Tonner.

Emotional Intelligence: Why It Can Matter More Than IQ by D. Goleman.

Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child by M. J. Elias, S. E. Tobias, and B. S. Friedlander.

Everyday Blessings: The Inner Work of Mindful Parenting by M. Kabat-Zinn and J. Kabat-Zinn.

Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness by J. Kabat-Zinn.

How to Talk So Kids Will Listen and Listen So Kids Will Talk by A. Faber and E. Mazlish.

The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3–8 by C. Webster-Stratton.

Kid Cooperation: How to Stop Yelling, Nagging and Pleading and Get Kids to Cooperate by E. Pantley.

Kids Can Cooperate: A Practical Guide to Teaching Problem Solving by E. Crary.

Love and Anger: The Parental Dilemma by N. Samalin and C. Whitney.

Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity, and Healthy Emotions from Birth Through Adolescence by M. Diamond and J. L. Hopson.

1-2-3 Magic: Effective Discipline for Children 2–12 by T. W. Phelan.

The Optimistic Child by M. E. P. Seligman.

Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds by R. Forehand and N. Long.

Raising a Thinking Child: Help Your Young Child to Resolve Everyday Conflicts and Get Along with Others by M. Shure.

Raising an Emotionally Intelligent Child by J. Gottman.

Raising Children in a Socially Toxic Environment by J. Garbarino.

Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks for Developing Capable Young People by H. S. Glenn and J. Nelsen.

Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic by M. S. Kurcinka.

The Shelter of Each Other: Rebuilding Our Families by M. B. Pipher.

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too by A. Faber and E. Mazlish.

SOS! Help for Parents by L. Clark.

Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts by D. C. Hall.

When Anger Hurts Your Kids: A Parent's Guide by M. McKay, P. Fanning, K. Paleg, and D. Landis.

Without Spanking or Spoiling: A Practical Approach to Toddler and Preschool Guidance by E. Crary.

You Can't Say You Can't Play by V. G. Paley.