

Kids Running Club at The Ohio State University



Where: Ohio State's Adventure Recreation Center (855 Woody Hayes Dr. Columbus Ohio, 43210)



When: Every Tuesday from 6-7pm starting on March 24th (for 4 weeks total)

What we do:

- Warm up drills
- Running activities and games
- Healthy snacks
- Learn about various health topics

*We are a group of undergraduate students at The Ohio State University and we are passionate about health for children. We would like to give back to the community by leading 1st -5th grade students in the Columbus area in a **FREE**, social, and fun running club. At the end of our season, we will have an indoor "track meet" where the kids can practice everything they have learned throughout the season. We hope to see everyone there! Feel free to contact us with any questions!*

***Registration closes on March 15th**

To sign up, go to our online form at <https://forms.gle/757Kgd4pK8UyfJmR6>
Or, to sign up you can call or email us at...

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*This activity is not sponsored by the Bexley City School District.